

California State University, San Bernardino

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EOP Newsletter

University Division, College, Department, and  
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Fall 2010

### Fall 2010

CSUSB

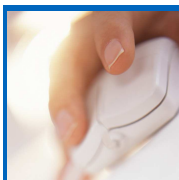
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ISSUE 1

VOLUME 1

2010

# EOP

EDUCATIONAL OPPORTUNITY PROGRAM  
CALIFORNIA STATE UNIVERSITY, SAN BERNARDINO

*Fall 2010*

## A Message from the Director

VERONICA AMERSON



PHOTO BY CRAIG SCHOTT

Greetings! It gives me great pride to serve as the director of the EOP program. Many of you are the first in your families to go on to college; like you I was the first in my family to attend a university. So, I know the power and purpose of programs like EOP. It is important that you take advantage of all the services we have to offer.

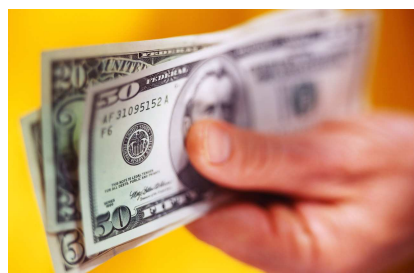
It's hard to believe that we are already at the end of the fall quarter. One down, two to go! As you can see, the quarter system goes by really fast and before you know it you will be preparing for final exams. Now that you know how quick time passes, it's time to start preparing for the winter quarter. Please take the time to read through our EOP Newsletter. We've filled the pages with exciting news from our department and with helpful tools to assist you in becoming a successful college student. EOP is committed to your success. Best wishes on your upcoming finals and have a safe holiday break!

Sincerely,

*Veronica Amerson*



PHOTO BY CRAIG SCHOTT



## Did you know?

**CSUSB offers 200 plus on- and off-campus scholarships totaling over \$2 million annually!** The CSUSB Financial Aid Office is currently accepting scholarship applications for the 2011-2012 academic year. Plus, you only have to apply once to be considered for all scholarships you are eligible for! The deadline to apply is Feb. 4, 2011, so complete your [application](#) now!

# Staff Spotlight: Anita Barragán

## EOP COUNSELOR

PHOTO BY CRAIG SCHOTT



"We are thrilled to have Anita on board with us! Anita is truly dedicated to meeting her students' needs and is a great asset to our EOP team."

VERONICA AMERSON

### Why did you become a counselor for EOP?

As a former EOP student I wanted to give back to the organization that played an instrumental role in my own success as a student and as a professional. I've been blessed to come

back and help other students succeed just as my counselors helped me succeed.

### What did you do before EOP?

Before joining the EOP team, I worked for a short time with San Bernardino County, and before that I worked as a middle school counselor.

### What are some of your hobbies and interests?

I love to go to Disneyland and Disney's California Adventure. I can never get enough of the Hollywood Tower of Terror and the Haunted Mansion. When I'm not at Disney I like to read and hang out with my friends.

### If you could pick anywhere, where would you pick as your next travel destination?

I'd love to go to Central America, especially El Salvador, Costa Rica and Guatemala. These are countries filled

with a rich history and culture, beautiful beaches and lots of sun! I'd love to experience it firsthand.

### What would you like our students to know about you?

I'm a down to earth person who is willing to help others be successful in life.

### If you had one piece of advice for our students, what would it be?

Don't ever let fear paralyze you from pursuing your dreams. Convert that fear into courage to fulfill your dream. Never give up, study hard, ask for help, and never stop learning.

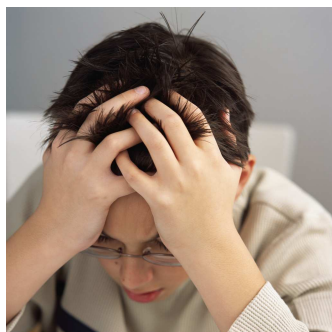
### What is your favorite quote?

"We can do no great things, only small things with great love."

– Mother Teresa

"I would rather die on my feet than live a lifetime on my knees."

– Emiliano Zapata



## School got you stressed out?

THERE ARE VALUABLE RESOURCES AT YOUR FINGERTIPS

**The university has many support services available to help you be successful in your studies, figure out your major, or help you decide what career you want to pursue. Check out the great links below!**

Need tutoring, but do not know the Learning Center's [current tutoring schedule](#)?

Consider enrolling in a SAIL Adjunct Course, a supplemental instruction course designed to help you succeed in your General Education courses. Check out the [current schedule](#)!

Feel like your study techniques just don't seem to be working? Try out these [study tips](#).

Having trouble figuring out the right major, or what career is best for you? Let [DISCOVER](#) guide the way!

Use on-campus computer labs? Did you know there are [seven labs](#) located around campus?

Need to learn how to better manage your stress? Attend a [Stress Management workshop](#) with the Psychological Counseling Center.



# Money Management: Avoid the pitfalls!

Every quarter, many of you come to see us because you have expenses that you can't

cover and you don't know what to do. Yet, when we review your financial aid package, you received substantial refund money that is now gone. For many of you, when you enter college and receive offers of grants and loans, you have thousands of dollars at your disposal for the first time in your life. Thoughts start racing through your head about the millions of things you could do with this money.

However, it is important that you spend your money wisely. Here are some tips to help you survive CSUSB without going into debt:

1. **Accept loans as a last resort!** Seek out grants, scholarships, and work study first, as you don't need to pay these back and do not build debt.
2. **Save your refunds** for a rainy day! Don't go on a shopping spree; be smart and stash away your refunds for those school emergencies that WILL come up.
3. **Avoid credit card solicitations!** The average credit card debt of college students is staggering;

avoid getting a credit card even though it can be easily tempting.

4. **Be textbook smart!** Get your textbook list early so that you have time to shop around for the best prices!
5. **Budget.** When money is tight, you have to learn to budget. You must plan for meals, school-related expenses, transportation, entertainment and emergencies. Also, avoid eating out for the convenience factor and you will be amazed at how much you save.
6. **Complete your FASFA in January!** Don't get blinded by the March 2 *priority* deadline! By March 2, many scholarships, grants, and work study awards are already gone!
7. **Ask for help!** Your counselors have a lot of experience in this area, so don't be afraid to ask.

For more tips, click [here!](#)



Graduates often look back at their time with CSUSB and EOP with fond memories and a great appreciation for the quality education they received. In an effort to continuously support EOP and its efforts, a group of EOP alumni joined forces in 2004 to form the EOP Alumni Chapter.

The mission of the EOP Alumni Chapter is to enhance the success of current and future students, by supporting program development and advocating for legislative issues pertaining to EOP. Additionally, the EOP Alumni Chapter continuously strives to establish a network that EOP students and alumni can turn to for personal, educational, and professional support.

The EOP Alumni Chapter works tirelessly to raise money for EOP students in the form of book awards and scholarships for graduating

students entering graduate school at CSUSB. Just this quarter, the EOP Alumni Chapter has facilitated two events to support their fundraising efforts.

On Aug. 20, 2010, the Inland Empire 66ers hosted the EOP Alumni Chapter, as well as family and friends of EOP, for a fun game of baseball.

On Oct. 27, 2010, the Alumni Chapter collaborated with Quiznos, located on University Parkway. Students, staff and family were invited to enjoy lunch or dinner at Quiznos and a portion of the proceeds were donated to the Alumni Chapter to support EOP students.

Please look out for future fundraising notices in your email and partner with us to support current EOP students!

For more information regarding the EOPAC, contact Anita Barragán, EOPAC Advisor, at 909.537.5042.



Carmen Rodriguez, EOPAC Chair

## EOP Alumni Chapter





## EOP Student Spotlight: Justine Plemons

President, Associated Students, Inc. (ASI)

When Justine began attending CSUSB in September 2006, she had absolutely no interest in being involved in student organizations or the campus community; she simply wanted to earn her degree. However, she soon realized that since she was going to be here for awhile, she wanted something more. Since 2006, Justine has been involved in the campus community in a variety of ways. She has participated in student employment on campus, was the chair of the Recreational Sports committee for two years, is a sister of Alpha Delta Pi, and is a part of the Lambda Pi Eta (an honor society for Communication Studies). Additionally, Justine became a committee member for Associated Students, Inc. (ASI) during her sophomore year, shortly thereafter became a board member, and is now serving as the ASI president.

Justine began her term as president of ASI on July 1, 2010. This was a huge accomplishment, as ASI has not had a female president for the past 11 years and she won the election as a write in candidate, which is a very rare feat. Justine describes her experience as president as "very busy, but very good." She stated that her executive team has worked extremely hard to affect change on campus, and is very proud to have created a better rapport between ASI and the campus community at large. Overall, she feels that her positions have truly helped prepare her for life after graduation. Justine stated that her involvement on campus "has made campus a place I *want* to come to, not I place I *have* to come to."

When asked about advice she would like to share with fellow students, "Get involved because you will be here for 4-6 years and you might as well get comfortable. If you see something you don't like, take the initiative to change it, because talking about it alone is not going to do anything." However, Justine did caution that students should not get involved too soon. She recommends that students be sure that they know how to balance work, grades, and extracurricular activities, because without this balance, the extra stuff can quickly drown students.

Justine's major is communication with emphases in mass communication and human communication. She has a 3.6 GPA, is graduating in spring 2011, and is currently applying to graduate schools. Justine's goal is to become an educational counselor for an Educational Opportunity Program and she also has aspirations to eventually become the director of EOP. Justine is very proud of her accomplishments at CSUSB. "I'm living proof that you can do it all! You can get good grades, have a great social life, and be a good leader on campus too!"



PHOTO BY CRAIG SCHOTT

# EOP

## Student Association



**Join the EOP Student Association (EOPSA) today!**

Peer Support  
Community Service  
Campus Involvement  
Networking Opportunities

For more information, contact Mario Garcia, EOPSA Advisor, at 909.537.5042 or [mbgarcia@csusb.edu](mailto:mbgarcia@csusb.edu)

# EOP Scholars

## Spring 2010

Nina Acosta  
Angelina Aguilar  
Teresa Aguilar  
Cecelia Ali  
Fatima Alrahem  
Leticia Anderson  
Brenda Arnold  
Azucena Avalos  
Maria Avelar  
Sharon Awad  
Angela Ayala  
Kayla Ayers  
Kaneez Batool  
Ashley Berg  
Laura Bernal  
Blair Blokzyl  
Bernabe Bolanos  
Stephanie Brown  
Lisa Cash  
Yecenia Cervantes  
Lashana Claude  
Theresa Davis  
Maria Del Socorro Sanchez Grana  
Ngozichukwuka Eboka  
Nkechiyere Eboka  
Illeana Escobedo  
Adriana Farias  
Myra Figueroa  
Melissa Gamez  
Cesar Garcia  
Natasha Garcia  
Crystal Gastelum  
Alvaro Gomez  
Jessica Gomez  
Yesenia Gomez Castillo  
Merry Gonzalez  
Pamela Grant  
Alana Grove  
Amelia Guerrero  
Ivet Gutierrez  
Omar Guzman  
Michael Hancock

Bernadette Hernandez  
Mari Herrera  
Van Ho  
Sharon Hodges  
Tina Hollman  
Hav Hung  
Ryan Ignasiak  
David Jaso  
Ely Jauregui  
Michel'le Jones  
Yung Ku  
Adolfo Lara Herrera  
Sandy Le  
Lindsey Lee  
Alisha Leon  
Adriana Lopez  
Evelyn Lopez  
Yuliana Luevano  
Reanna Marchman  
Jonathan Marquez  
Felipe Marquez Ramirez  
Rosalba Martinez  
Lavonne Marzett  
Michelle Mau  
Cristobal Mejia  
Crystal Morales  
Russell Morgan  
Rebecca Mundo  
Cinaih Munguia  
Rachel Munoz  
Parvaneh Najumi  
Rocio Navarro  
Eri Nolasco  
Esmeralda Nolasco  
Emmanuel Okharedia  
Amanda Olea  
Susana Ontiveros  
Angelina Ortega  
Rosario Palafox  
Maria Paredes Rivera  
Sarai Peralta  
Jasmine Perez

Toni Perkins  
Jennifer Peters  
Idalia Pineda Vivar  
Janet Ponce  
Ariana Prado  
Tessy Pumacacahua Valencia  
Lucio Ramirez Pena  
Claudia Renteria  
Daisy Renteria  
Beatriz Reyes  
Vanessa Riehm  
Mauricio Rios Rodriguez  
Mike Rivera Oritz  
Bertha Rodriguez  
Vanessa Rojas  
Michelle Roque  
Delilah Ruiz  
Jessica Ruiz  
Natasha Saenz  
Patricia Salazar  
Norma Salcedo  
Brenda Sanchez  
Celina Sanchez  
Jennifer Sanchez  
Briana Segovia  
Lukman Singleton  
Sherece Sitek  
Natasha Smith  
Lakesha Spivey  
Partenamaria Stefanidis  
Jeremy Sullivan  
Dean Thap  
Rae' Meisha Thompson  
Jessica Torres  
Maria Torres  
Jordan Townson  
Ruby Valdez  
Ana Valencia Perez  
Anthony Wilkins  
Diana Zamudio  
Aileen Zurita

**EOP Scholars are EOP students that completed a minimum of 12 units and earned a 3.5 GPA or higher in the previous term**

**Keep up the great work!**

# EOP

# CONGRATULATIONS EOP GRADS!



EOP would like to congratulate our EOP students scheduled to graduate during the Fall 2010 term! You have worked very hard to get to this day and we wish you nothing but success!

Nikia Alexander  
Monica Alvarado  
Francisca Alvarez  
Benito Alvarez  
Eliza Antunez  
Melinda Arellano  
Roniesha Biggs  
Yvette Bojorquez  
My Bui  
Omar Carlos  
Chanel Castro  
Juan Castro Villalobos  
Jose Corrales  
Ngozichukwuka Eboka  
Jasmine Frazier  
Earline Glover  
Efrain Guerrero-Jimenez

Luis Gutierrez  
Peggy Harris  
Sabrina Hartshorn  
Ely Jauregui  
Mary Kornele  
Rosalba Martinez  
Ashley Medina  
Chin Mgbafilike  
Raymond Mitchell  
Viridiana Morales  
Howard Nakagawa  
Esmeralda Nolasco  
Marciano Ortega  
Scout Parker  
Sandi Parra  
Wendy Perez  
Breonna Perkins

Melinda Pitts  
Brandon Powell  
Ariana Prado  
Osiel Ramirez Lopez  
Angel Robles  
San Juana Rojas  
Janecia Rolland  
Keirra Rolland  
Jessica Rosales  
Monica Salazar  
Brenda Sanchez  
Azizat Sanni  
Takeshia Simmons  
Ashley Strange  
Jacqueline Suarez  
Little Valle

## IMPORTANT DATES

Thanksgiving Holiday observed—campus closed	Nov. 25-28, 2010
Last day of fall classes	Dec. 4, 2010
Fall 2011 final exams	Dec. 7-11, 2010
Commencement	Dec. 11, 2010
Winter break	Dec. 13-Jan. 7, 2011
Fall 2010 grades available	Dec. 20, 2010
Winter 2011—last day for full refund of fees	Jan. 7, 2011
First day of winter classes	Jan. 10, 2011
Last day to add classes via MyCoyote	Jan. 14, 2011
Martin Luther King observed—campus closed	Jan. 15-17, 2011
Census—last day to drop via MyCoyote	Jan. 31, 2011
EOP Mid-Quarter meeting (1st year students only)	Jan. 31, 2011
EOP Mid-Quarter meeting (1st year students only)	Feb. 1, 2011
EOP Spring 2011 priority advising	Feb. 2-11, 2010
Last day of winter classes	March 21, 2010
Winter 2011 final exams	March 22-26, 2011
Spring break	March 28-April 1, 2011



## FINANCIAL AID: Get the most



The FASFA becomes available on **Jan. 1, 2011**. Although the priority deadline is March 2, 2011, to be eligible for CSUSB need-based scholarships, you must complete your FASFA by **Jan. 21, 2011**.